

Within a radius of 20 kilometres...

No other Swiss resort can offer such a vast variety of active leisure attractions within a radius of only 20 kilometres. The remarkable range of recreation activities stretches from A for Alpine sport to Z for Zorbing.

Interlaken was truly blessed when God created the natural world. The resort was even given two lakes – both superb spots to enjoy an active Interlaken vacation. Lovely Lakes Thun and Brienz offer an appealing array of water sport attractions, including sailing, surfing, swimming and diving. A variety of sailing, surfing and diving schools mean that even inexperienced water rats can safely enjoy aqua-fun. A fleet of ships ply the emerald waters, including two lovingly restored lake steamers offering pure nautical nostalgia. Perfect for those who like to combine rest and recreation! As a captivating contrast to the two lakes, Interlaken also boasts a magnificent mountain world. The mighty Eiger, Mönch & Jungfrau seem almost close enough to touch and other imposing peaks provide hours of happy hiking along a wide network of well-maintained paths. The glorious glacier village of Grindelwald is a mere 20 km away, ideal for challenging mountain climbing or Alpine glacier hikes.

Guests get going...

Interlaken is a paradise for all pedal pushers, from cycling beginner to mountain biking buff. Two national cycling routes pass the town and even inexperienced cyclists will enjoy well-marked tours such as the superb stretch along the shores of beautiful Lake Brienz to the Giessbach Falls. The region is also bliss for mountain bikers. Cycling connoisseurs say that the tour from Interlaken along Lake Thun via the “Grön” to Beatenberg is one of the most beautiful biking tours in Switzerland.

Adventure attractions

No other resort in the whole of stunning Switzerland offers such a complete range of popular adventure sport activities. Local topography makes it possible to relish that amazing rush of pure adrenaline in the air, on land or on water. In recent years, Interlaken has become a Mecca for paragliders and hang gliders, with the surrounding mountains providing many excellent, easily accessible take-off points. Skydiving offers would-be “high-fliers” an even better birds-eye view of spectacular Alpine scenery. River rafting, canyoning and hydrospeeding fans can experience the cool element on the region’s rivers. Zorbing – rolling downhill inside an inflatable transparent plastic ball - is an exciting, action-packed experience. An 18 hole golf course, with an overall length of 6110 metres and splendidly situated alongside the Weissenau Nature Reserve on the shores of Lake Thun, rounds off Interlaken’s amazing array of recreational attractions.

For more information:

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